Fanny Lora

Speaker · Mezzo-soprano · Certified Alexander Technique teacher

I came to the United States from the Dominican Republic at fifteen to study classical music. In my training I found almost no opportunities to sing in Spanish and rarely saw my heritage reflected in the repertoire, an absence I first met with perfectionism, trying to fit in, before coming to understand the problem was systemic, not personal. I answered it by building my own path: Mano a Mano, a concert series bringing Hispanic classical music to audiences encountering it for the first time, and a teaching practice in the Alexander Technique. I speak about both, and about where they meet.

The talks

Belonging and Representation in Classical Music

Story · music · what changes when everyone is in the room

I trace my path from the Dominican Republic to the American stage: arriving at fifteen to study classical music, the silence I met when I looked for my own heritage in the repertoire, and how that gap became seven original touring programs that bring underrepresented composers to new audiences across the United States, Spain, and the Dominican Republic. A talk about what changes, for performers and for audiences, when everyone in the room can find themselves in the music.

At Home in the Body: The Alexander Technique for Performers

Practical · ease, presence · moving and breathing with freedom

A practical introduction to the Alexander Technique. At Berklee College of Music's Wellness Department, I taught one-on-one and group Alexander Technique workshops for musicians, helping them create sustainable coordination and relationships with their instruments and themselves. I continue as a guest teacher for schools, conservatories, and private events. The talk explores attention, ease, breathing and presence in performance, for singers, musicians, and anyone who speaks or performs.

The speaker

I am a Dominican-American mezzo-soprano, certified Alexander Technique teacher, and founder of Mano a Mano. I have created seven original touring programs and performed for more than 1,000 audience members in Massachusetts, New Hampshire, Washington D.C., Spain, and the Dominican Republic, including two tours to the Teatro Nacional.

I am a NEST 1 & 2 Program Eligible artist through the New England Foundation for the Arts and maintain a private studio in the MetroWest area. In 2026 my work was honored with an official Citation of Congratulations at the Massachusetts State House.



Photo: @QuestUponPhotography

The visit

Format	Each talk stands on its own and is shaped with the presenter: a spoken talk, a talk with live music woven in, or a talk paired with an Alexander Technique workshop. Length is set with each venue.
A natural fit for	Schools, colleges and conservatories, libraries, cultural organizations, choirs, heritage celebrations, and professional development days
Also available	Concert programs with Mano a Mano and Alexander Technique workshops; details at www.fannylora.com/services

Speaking engagements, shaped with each presenter — **Fee quoted per engagement**

Booking and questions: Fanny Lora · fannylora@fannylora.com · www.fannylora.com · Holliston, MA · Prepared November 7, 2026